

Green Dagon Bowmen

Coaching Notice

The new club coaching team are as follows:-

Mike King – Field Captain

Gaynor Hutchison – County Coach

Denise Carpenter – Level 1 Coach

Dave Leader – Level 1 Coach

Jo Sheppard – Level 1 Coach

In response to your requests for more structured Coaching, the coaching team have set up a coaching evening on Thursday evenings from 6.00 to 7.30pm. All or some of the coaching team will be available then to help in whatever way you require. IE: Bow tuning, general shooting etc.

The Coaching Evenings begin on Thursday 21stApril 2011 and will follow the following format:-

- **Meet at the club huts at 6.00pm.**
- **Load equipment onto trolley.**
- **Proceed to field where we will go through correctly laying out the field.**
- **Begin looking at bow set-ups, general shooting problems etc.**

GENERAL RULES FOR COACHING

- Coaching will only take place on Thursday Evenings or at alternative times by prior arrangement.
- Coaches should only be approached with queries when wearing their reflective armbands.
- General shooting can proceed on Coaching evenings only if individuals abide by the coaching whistle.
- Anyone wishing to attend a coaching evening should add their name to the white board provided by Wednesday evening (to give us an idea of how many are attending).
- Anyone attending the evenings will be issued with a coaching file which should be brought along to every coaching meeting they attend.
- First to arrive should begin setting – up the field with 3 bosses.
- Everyone helps take – down the equipment used.